A complete guide to this week's menu, ingredient list and allergen information.
Entrée:

**Swedish Meatballs**— Ground Beef 80/20, White Onion, Garlic, Oregano, Parsley, Kosher Salt, Black Pepper, Garlic Powder, Beef Broth, Corn Starch, Whole Milk, Sour Cream

**Beyond Meat**— water, Pea Protein*, Expeller-Pressed Canola Oil, Refined Coconut Oil, Rice Protein, Natural Flavors, Cocoa Butter, Mung Bean Protein, Methylcellulose, Potato Starch, Apple Extract, Pomegranate Extract, Salt, Potassium Chloride, Vinegar, Lemon Juice Concentrate, Sunflower Lecithin, Beet Juice Extract (for color).

**Egg Noodles**— Semolina (Wheat), Durum Flour, Eggs, Niacin, Iron (Ferrous Lactate), Thiamine Mononitrate, Riboflavin, Folic Acid.

**Dinner Roll**— WHEAT FLOUR, ENRICHED WITH: Niacin, Iron, Thiamin, Mononitrate (Vitamin B1), Riboflavin (Vitamin B2) AND Folic Acid, WATER, WHOLEWHEAT FLOUR, VITAL WHEAT GLUTEN, HONEY, YEAST, BROWN SUGAR, ROLLED OATS, SALT, SOYBEAN OIL, DEXTROSE, SOY FLOUR, MALTED WHEAT FLOUR, CALCIUM PROPIONATE, MONOCALCIUM PHOSPHATE, CALCIUM SULFATE, ASCORBIC ACID, COTTONSEED OILS, ACETIC ACID, LACTIC ACID, FUNGAL ENZYMES, ENZYME. CONTAINS: WHEAT AND SOY

**Carrots**— Steamed

**Grapes**
Grilled Cheese — Country White Bread: Wheat Four (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sea Salt (Salt, Magnesium Carbonate), Enzymes, Yeast, Vitamin C., American Cheese

Classic Tomato Soup — Tomato Pure, White sugar, Basil, Kosher salt, Black Pepper

Miss Vicki's Sea Salt Potato chips— Potato, Canola and/or Sunflower Oil), Sea Salt & Vinegar Seasoning ([Maltodextrin [Made from Corn], Sea Salt, Vinegar, Buttermilk, Lactose, Sugar, Dextrose, Yeast Extract, Citric Acid, and Sunflower Oi

Apples

Cucumber Slices
Entrée:

**Honey Mustard Chicken**— Boneless skinless chicken breast with rib meat, wheat flour, water, contains 2% or less of the following: cocoa powder (color), dried garlic, dried onion, leavening (cream of tartar, baking soda), paprika and annatto extracts, rice flour, rice starch, salt, soybean oil, tapioca starch, yeast extract. Breading set in vegetable oil. Honey, Dijon Mustard.

**Honey Mustard Tofu**— Tofu, Corn Starch, Kosher Salt, Black Pepper, Honey, Dijon Mustard.

**Garlic Mashed Potatoes**—Yukon gold Potatoes, Whole Milk, Garlic, White Onion, Unsalted butter, Kosher Salt, Black Pepper.

**Celery Sticks**

**Honeydew Melon**
Nashoba Brooks Ingredients List
4-30-2021

Entrée:

**French Bred Pizza**
Cheese Pizza—Fresh Pizza Dough (High Gluten Flour, Yeast, Water, Salt) House Made Pizza Sauce (PIZZA SAUCE: TOMATO PASTE, WATER, HONEY, SALT, GALIC, ONION POWDER, GRAT-ED PARMESAN CHEESE, OREGENO, BASIL, PEPPER, MARJORAM) MOZERELLA CHEESE, OLIVE OIL, DRIED BASIL, PARSLEY) SHREDDED MOZZERELLA CHEESE
OREGANO .
PEPERONI : PORK, BEEF, SALT, EXTROSE, OLEORESIN, PAPRIKA, LACTIC ACID STARTER CUL-TURE, GARLIC POWDER, SODIUM NITRITE, BHA, BHT, CITRIC ACID

**Caprese Spinach Salad**— Spinach, Basil, Cherry Tomato, Mozzarella Cheese, Kens Balsamic Vinaigrette

**Oranges**—Clementine's / mandarin oranges

**Carrot Sticks**

**Red Velvet Cake**— Sugar, AP Flour, Cocoa Powder, Palm Oil, Leavening, Baking soda, Egg, Corn Starch, Proplyene, Salt, Milk, Red Food coloring, Whey, Soy