A complete guide to this week's menu, ingredient list and allergen information.
Pancakes — Enriched bleached flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, leavening (baking soda, sodium aluminum phosphate, monocalcium phosphate), maltodextrin, salt, dextrose, isolated soy protein, soybean oil, natural flavor, soy lecithin.

Chicken Sausage — Boneless dark chicken, contains 2% or less of the following: caramelized sugar, corn starch, dextrose, garlic powder, maltodextrin, natural flavors, onion powder, salt, spices, water, yeast extract. Blanched in vegetable oil.

Beyond Sausage - Water, Pea Protein Isolate, Refined coconut Oil, Sunflower Oil, Rice Protein, Fava Bean Protein, Potato Starch, Salt, Fruit Juice, Vegetable Juice, Apple Fibbers, Methylcellulose, Citrus Extract, Calcium Alginate Casing.

Home fries— Red bliss potatoes, Canola Oil, Kosher Salt, black Pepper, Paprika, Oregano, Garlic Powder, Onion Powder, Parsley

Grapes

Homemade Granola Bar
Nashoba Brooks Ingredients List
4-14-2021

Entrée:

**Chance of Meatballs**—(Pasta) - 100% Pure Durum Semolina, Niacin, Ferrous Sulfate (Iron), Thiamine Mononitrate, Riboflavin, Folic Acid. (Processed In a Facility That Uses Egg),


**Dinner Roll**—White Bread: Wheat Four (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sea Salt (Salt, Magnesium Carbonate), Enzymes, Yeast, Vitamin C.

**Zucchini**—Steamed

**Apples**

**Cucumber Slices**
Entée:

**Dragon Taco’s**— Ground Beef 80/20, Dark Chili Powder, Paprika, Cumin, Garlic Powder, Onion Powder, Kosher Salt, Black Pepper, White Onions, Garlic.

**Guacamole**— Avocado, Red Onion, Garlic, Tomato, Cilantro, Kosher Salt, Black Pepper

**Mashed Potato**— White Par Boiled Rice, Dark Chili Powder, Black Beans, White Onions, Garlic, Fire Roasted Tomatoes, Garlic Powder, Kosher Salt, Black pepper

**Honey Dew**

**Celery Sticks**

**Miss Trunchbull’s Cake**— Sugar, AP Flour, Cocoa Powder, Palm Oil, Leavening, Baking Soda, Egg, Corn Starch, Propylene, Salt, Milk, sour Cream, whey, soy